

Anna Zurek, LMFT

145 South Holly Street • Suite B • Medford, OR 97501

Phone: (541) 951-5123 • Email: ThriveWithinCounseling@gmail.com

Client Name: _____ Today's Date: _____

Gender: _____ Age: _____ Date of Birth: _____ Social Security #: _____

If Minor, Custodial Parent(s) Name: _____

Parent's Social Security #: _____

Home Address: _____

City: _____ State: _____ Zip: _____

Telephone Numbers: _____

(home)

(work)

(cell)

Initial Yes or No:

May I leave messages for you at home: Yes _____ No _____ At work: Yes _____ No _____

May I Leave messages for you on cell: Yes _____ No _____ On Text: Yes _____ No _____

On Email: Yes _____ No _____ E-mail address: _____

Name of Insurance Company: _____

Subscriber Name: _____ Subscriber D.O.B. _____

Subscriber I.D. #: _____ Group I.D.# _____

Subscriber Employer: _____

Has yearly deductible been met? _____ co-pay amount: _____

If you have additional insurance coverage, please provide the name, ID# and phone number for secondary insurance: _____

Insurance Fees for service are: \$250 for an initial assessment, \$90 for a 30-minute session, \$129 for a 45-minute session, \$160 for a 60-minute individual session, \$50 for 15 min case management. I understand that I am ultimately responsible for these fees, and agree to pay any balance not covered, or disallowed by insurance. I further understand, and agree that I will be charged 50% for any missed session that I fail to cancel within 24 hours. I hereby authorize release of any personal information necessary to process my claim, including my diagnosis. I understand that this information may become a permanent part of my insurance records.

Signature of financially responsible party

Date

I have read and I understand the Notice of Privacy Practices that was provided to me

Signature of client and/or legal guardian

Date

Client Name: _____

PRESENTING PROBLEM

Describe the problem(s) that brought you here today:

Check any of the symptoms that the client has been having:

- | | |
|---|--|
| <input type="checkbox"/> Depressed mood | <input type="checkbox"/> Feeling guilty |
| <input type="checkbox"/> Security blanket or object | <input type="checkbox"/> Muscle tension |
| <input type="checkbox"/> Change in eating habits | <input type="checkbox"/> Eating problems |
| <input type="checkbox"/> Difficulty with school | <input type="checkbox"/> Toileting problems |
| <input type="checkbox"/> Low self-esteem | <input type="checkbox"/> Trouble performing job responsibilities |
| <input type="checkbox"/> Trouble concentrating | <input type="checkbox"/> Perfectionism |
| <input type="checkbox"/> Problems with sleeping | <input type="checkbox"/> Running Away |
| <input type="checkbox"/> Feeling fearful | <input type="checkbox"/> Problems getting along with family |
| <input type="checkbox"/> Tearful/crying spells | <input type="checkbox"/> Anger outbursts |
| <input type="checkbox"/> Lack of energy | <input type="checkbox"/> Difficulty enjoying usual activities |
| <input type="checkbox"/> Worries | <input type="checkbox"/> Bedwetting |
| <input type="checkbox"/> Stuttering | <input type="checkbox"/> Physical complaints of pain |
| <input type="checkbox"/> Feeling stressed | <input type="checkbox"/> School truancy |
| <input type="checkbox"/> Feeling hopeless | <input type="checkbox"/> Weight/appetite changes |
| <input type="checkbox"/> Irritability | <input type="checkbox"/> Memory problems |
| <input type="checkbox"/> Self harm | <input type="checkbox"/> Acting violently |
| <input type="checkbox"/> Thumb sucking | <input type="checkbox"/> Problems getting along with others |
| <input type="checkbox"/> Fire setting | <input type="checkbox"/> Feeling of extreme happiness |
| <input type="checkbox"/> Obsessions or compulsions | <input type="checkbox"/> Isolation/withdrawal |
| <input type="checkbox"/> Sudden feelings of panic | <input type="checkbox"/> Harm to animals |
| <input type="checkbox"/> Thoughts of killing self* | <input type="checkbox"/> Thoughts of killing others* |
| <input type="checkbox"/> Seeing things that others do not* | <input type="checkbox"/> Legal Issues* |
| <input type="checkbox"/> Other*: _____ | |

***Describe in detail:**

Client Name: _____

PRIOR COUNSELING HISTORY:

Please describe any prior counseling below starting with the most recent first.

Therapist name(s): _____

Details: _____

Current and/or prior psychiatric medication history (include doctor's name):

Name of current medications and dosage(s):

SUBSTANCE USE HISTORY:

CHECK HERE IF N/A _____

Alcohol use ___Current ___Suspected ___Past ___No

Recreational drugs ___Current ___Suspected ___Past ___No

List type of drug used _____

MEDICAL HISTORY:

Was the client seen by a doctor within the last year? ___Yes ___No

Purpose of visit:

Client Primary Care

Provider: _____ Phone: _____

Please list any prescription or over-the-counter medications currently being taken:

Please list any major medical problems such as serious illness, operations, injuries or trauma to the head, etc:

Client name: _____

MEDICAL HISTORY (cont.)

List allergies:

Stressful Events: Please describe any history of parental separation, divorce, moves, major accidents, deaths, abuse (physical, sexual or emotional), etc.

FAMILY MENTAL HEALTH SUBSTANCE ABUSE HISTORY:

Please describe and include all extended family usage:

Other Issues:

Please describe any other issues or facts I may need to know for client treatment:

Please describe your goals for therapy:
